

Jeannine M. Forrest

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EDUCATION

1999 Ph.D., Nursing Sciences, University of Illinois at Chicago, Chicago, Illinois

1987 M.S., Rush University, Chicago, Illinois

1983 B.S.N., University of Illinois at the Medical Center, Chicago, Illinois

PROFESSIONAL EXPERIENCE

Founder & President

Through the Forrest

Oct. 2014 - present

- Education and support for individuals and organizations impacted by Alzheimer's and other dementias including dementia coach on-call service beginning March 2020

Director of On-Site Education and Training

China Senior Care, Hangzhou, China

Oct. 2010 - 2016

Nurse Specialist

LIFE Institute, Rainbow Hospice & Palliative Care

Oct. 2011 - Sept. 2014

Clinical Faculty

Rush University, Interdisciplinary Palliative Care

Aug. 2011 - 2013

Consultant

Jeannine Forrest, Ph.D., R.N., LLC

July 2011

- Specializing in geriatrics, dementia, palliative & end-of-life care

Project Manager

Palliative Care for Advanced Dementia Study

Oct. 2008 - March 2011

- Funded October 2008 to April 2011 by the Retirement Research Foundation
Alzheimer's Association, Greater Illinois Chapter

Independent Educational Consultant

Palliative & End-of-Life Care

May 2007 - Oct. 2008

Adjunct Research Assistant Professor

UIC College of Nursing

Oct. 2006 - 2008

Adjunct Faculty

Rush University – College of Nursing

June 2009 - 2008

Vice President of Clinical Services

Horizon Hospice & Palliative Care, Inc., Chicago, Illinois

Oct. 2006 - May 2007

Director
Advanced Practice Palliative Care Nurse July 2004 - May 2006
- Certification Program – Lead instructor for graduate coursework in palliative management of pain and common symptoms

Membership in the Graduate Faculty June 2004 - May 2006

Research Assistant Professor
University of Illinois at Chicago Oct. 2002 - May 2006

Project Coordinator
“Outcomes of Delirium in the Elderly” Feb. 2002 - May 2006
- Marquis D. Foreman, Ph.D., R.N. Principal Investigator
- H-2000-0529 Funded by the National Institute of Nursing Research, NIH

Private Consultant/Nurse Educator
Gerontologic On-Site Education June 2001 - 2004

Clinical Assistant Professor
UIC, Dept. of Medical-Surgical Nursing April 2000 - May 2001

Adjunct Assistant Professor
UIC, College of Medicine 2000 - 2006

Clinical Instructor, Teaching Associate, Course Coordinator, Medical-Surgical Nursing
University of Illinois at Chicago, College of Nursing 1991 - 2000
- Course coordinator and instructor for classroom teaching in pharmacology, gerontology/healthy aging, cultural diversity, nursing skills lab (basic to advanced), physical assessment

Assistant to Director
Horizon Hospice, Chicago, IL 1989 - 1990

Home Health Nurse & Volunteer Coordinator
Horizon Hospice, Chicago, IL 1986 - 1989

Private Duty Home Care Nurse
Curaflex/Private Home Care and Nurse Finder, Chicago, IL 1986 - 1989

Medical-Surgical Staff Nurse
St. Joseph Hospital, Chicago, IL 1983 - 1986

HONORS

- Member Sigma Theta Tau International, Honor Society of Nursing
- University of Illinois at Chicago Alumni Association Student Leadership Award
- Golden Apple Award for Excellence in Teaching, University of Illinois at Chicago, College of Nursing
- Recipient of the 2000 UIC Graduate College Thesis Award, honorable mention for “Chronic Pain as Described by Cognitively Impaired and Intact Elderly: A Q-Methodology Study”
- 2001 Golden Apple Award (For Excellence in Teaching, University of Illinois at Chicago, College of Nursing)

CURRENT PROFESSIONAL MEMBERSHIPS & TRAINING

- Fellow, Institute of Medicine of Chicago, International Society to Advance Alzheimer’s Research and Treatment (ISTAART)
- Navigating Competency and Advanced Directives in Older Adult Behavioral Medicine, Alexian Brothers Behavioral Health, Hoffman Estates, October 18, 2019
- Transforming Care for Elders through Creative Engagement University of Wisconsin Milwaukee – Summer Institute, June 25-28, 2012
- Best Practices in Nursing Home-Hospice Partnerships Illinois Hospice and Palliative Care Organization, November 17, 2011
- Creative Teaching Strategies for the Nurse Educator – PESI Healthcare, Joliet, Illinois, July 13, 2011
- Professional Development Workshop: How to Teach And Implement Palliative Care – EPEC program, Atlanta, Jan. 25 & 26, 2008
- EPEC (Education in Palliative and End-Of-Life Care) Trainer, Northwestern University, Chicago, Nov. 2-4, 200

CERTIFICATIONS

- Certified Hospice and Palliative Nurse, June 2012 - 2016

COMMITTEE & OFFICER POSITIONS

- Dementia Society of America – Advisory Board, Dec. 2016 to present
- IDPH Appointment to Alzheimer’s Disease Advisory Committee, June 2018 to Dec. 2019
- Alzheimer’s Disease Advisory Committee, Stakeholder, Nov. 2016 to May 2018
- Chicago End-of-Life Care Coalition, Board Member, 2009 to 2011
- Illinois Hospice & Palliative Care Board Member, 2006 to 2010
 - o Co-chair Education Committee, May 2008
- Board of Directors, Horizon Hospice, May 2003 to 2006
 - o Executive Search Committee
 - o Freestanding Hospice Facility Development

TASK FORCE COMMITTEES

- National Health Care Decisions Day, www.nationalhealthcaredecisionsday.org, 2009 to 2011
- Barack Obama Health Policy Advisory, June 2007 to Jan. 2009

VOLUNTEER WORK

- Elder – Fourth Presbyterian Church-Chicago, June 2021 to present
- Stephen Minister Leader – Fourth Presbyterian Church-Chicago, Oct. 2014 to June 2021
- Board of Deacons, First Presbyterian, Church of Evanston, 2000 to 2003
 - o Moderator, 2003

RESEARCH

Grants

Kuhn, D., Comfort Care for Advance Dementia. Funded Oct. 2011 through Oct. 2014 by Retirement Research Foundation. Rainbow Hospice & Palliative Care. (Role: Project Coordinator, Nurse Consultant)

Kuhn, D., Palliative Care for Advanced Dementia. Funded Oct. 2008 through March 2011 by Retirement Research Foundation. Alzheimer's Association, Greater Illinois Chapter. (Role: Project Manager)

Wilkie, D. J., Forrest, J., Storffell, J., Zong, S., & Marschke, M. Effects & Costs of Massage in Hospice Cancer Patients. Funded Sept. 2005 through August 2009 by National Institutes of Health (1R01 NR009092-01). (Role: Co-Investigator)

Berry, J., (PI), Burgner, S., (Co-I), Adult and Geriatric Advanced Nursing Education Training Program. Funded July 2004 through June 2007, Health Resources and Services Administration Grant. (Role: Faculty)

Molokie, R., Wilkie, D. J., Forrest, J., Epstein, J., Bressler, L., & Mrtek, R. Interdisciplinary Learning Circle for Palliative Care. (1R25CA). Submitted Oct. 1, 2004 to National Institutes of Health, National Cancer Institute, \$1,619,400 requested.

Forrest, J. (PI) & Kavanaugh, K. (Co-I). Advanced Practice Palliative Care Nurse Training Program. Funded July 2004 through June 2007, \$813,256. Health Resources and Services Administration Grant. (Role: Director)

Foreman (PI). Outcomes of Delirium in the Elderly. Feb. 2002 through Jan. 2007. NIH/NINR (5 RO1 NR005177-02). (Role: Project Coordinator)

Doctoral Research: Forrest, J. (1996-1999) Chronic Pain As Described By Cognitively Impaired and Intact Elderly: a Q-Methodology Study.

Theis, S. (PI), Cohen, F. (Co-PI), & Forrest, J. (Co-PI). Caregiver Needs of AIDS Patients (1993). Funded by Sigma Theta Tau and AIDS Foundation Chicago.

Abstracts

Berry, J., & Forrest, J. (2006). Development and implementation of an advanced practice palliative care program across the lifespan into existing nursing programs. Accepted for 32nd annual meeting of Dimensions of the Nurse Practitioner Kaleidoscope: Education, Practice, Research and Advocacy, Orlando, Florida.

Forrest, J., Willis, L., Foreman, M., Holm, K., & Kwon, M. (2005). Recognizing hypoactive-hypoalert delirium in the hospitalized geriatric patient. Submitted to the American Geriatrics Society 2006 Annual Scientific Meeting, Chicago, Illinois.

Holm, K., Foreman, M., Forrest, J., Kwon, M., & Willis, L. (2005). Activities of daily living in (N=18) hospitalized elderly. Accepted for 29th Annual MNRS Research Conference, Cincinnati, Ohio.

Publications

Forrest, J., Long, C. O., Kuhn, D., Alonzo, T. R., & Frazier, A. L. (2012). Palliative care practice for advanced dementia: Regulatory friend or foe? *Annals of Long-Term-Care and Aging*, 20(1), 17-20.

Kuhn, D., & Forrest, J. (2012). Palliative care for advanced dementia: A pilot project in two nursing homes. *Am J of AD and Other Dementias*, 27(1), 35-40.

Kuhn, D., & Forrest, J. (2010). *Encouraging comfort care, A guide for families of people with dementia living in care facilities*. Alzheimer's Association, Greater Illinois Chapter. <http://www.alz.org/illinois>.

Forrest, J., & Kuhn, D. (2010). *End-of-life care for individuals with advanced dementia*. Enhancing Community Based Options for End-of-Life Care: Easter Seals Disability Services.

Gorman, G., Forrest, J., Stapleton, S. J., Hoenig, N. A., Suarez, M., Marschke, M., Durham, J., & Wilkie, D. J. (2008). Massage for cancer pain: A study with university and hospice collaboration. *Journal of Hospice and Palliative Care Nursing*, 10(4), 191-197.

Forrest, J., Willis, L., Holm, K., Kwon, M., Anderson, M., & Foreman, M. D. (2007). Recognizing quiet delirium. *American Journal of Nursing*, 107(4), 35-39.

Holden, J., Jeong, Y., & Forrest, J. (2005). The endogenous opioid system and clinical pain management. *American Association of Critical Care Nurses Clinical Issues: Advanced Practice in Acute and Critical Care*, 16(3), 291-301.

Forrest, J., & Berry, J. (2005). *Careers in nursing*. Cook County High School Graduate. Spindle Publishing Company.

- Forrest, J. (2004). Pain assessment: The fifth vital sign. In C. Jarvis (Ed.), *Physical examination and health assessment* (4th ed.). (pp. 207-220). Saunders.
- Forrest, J. (2001). Using Q-Methodology to assess chronic pain in elderly cognitively intact and Alzheimer's patients. *Operant Subjectivity*, 24(1), 38-48.
- Forrest, J. (2000). Gerontological alterations. In L. D. Urden & K. M. Stacy (Eds.), *Priorities in critical care nursing* (3rd ed.). (pp. 69-83). Mosby.
- Piano, M. R., & Forrest, J. (1998). Gerontologic alteration and management. In L. A. Thelan, L. D. Urden, M. E. Lough, & K. M. Stacy (Eds.), *Critical care nursing diagnosis and management* (3rd ed.). (pp. 196-271). Mosby.
- Theis, S. L., Cohen, F., Forrest, J., & Zalewsky, M. (1997). Needs assessment of caregivers of people with HIV/AIDS. *Journal of the Association of Nurses in AIDS Care*, 8, 76-84.
- Forrest, J. (1995). Assessment of acute and chronic pain in the elderly. *Journal of Gerontological Nursing*, 21(10), 15-20.
- Piano, M. R., & Forrest, J. (1994). Gerontologic alterations and management. In L. A. Thelan, J. K. Davies, L. D. Urden, & M. E. Lough (Eds.), *Critical care nursing diagnosis and management* (2nd ed.). (pp. 906-927). Mosby.
- Book Reviews**
- Forrest, J. (2004). [Review of the book *Gerontologic palliative care nursing* by Matzo, M. L., & Witt Sherman, D.]. *Journal Vol(Iss)*, xx-xx.
- Forrest, J. (2003). [Review of the book *Senior centers opportunities for successful aging* by Beisgen, B. A. & Crutch-Kraitchman, M.]. *Journal Vol(Iss)*, xx-xx.
- Forrest, J. (2002). [Review of the book *Older adult's views on death* by Cicirelli, V. G.]. *Journal Vol(Iss)*, xx-xx.
- Forrest, J. (2001). [Review of the book *Geriatric patient education resource manual* (2nd ed.) by Ignatavicius, D. D.]. *Journal Vol(Iss)*, xx-xx.
- Forrest, J. (2001). [Review of the book *Nursing care of older adults: Diagnosis, outcomes, and interventions* by Maas, M. L., Buckwalter, K. C., Hardy, M. D., Tripp-Reiner, T., Titler, M. G., & Specht, J.P.]. *Journal Vol(Iss)*, xx-xx.
- Forrest, J. (2000). [Review of the book *NGNA core curriculum for gerontological nursing* (2nd ed.) by Luggen, A. S., & Meiner, S. E.]. *Journal Vol(Iss)*, xx-xx.
- Forrest, J. (2000). [Review of the book *Handbook of geriatric drug therapy*]. *Journal Vol(Iss)*, xx-xx.

Forrest, J. (2000). [Review of the book *Handbook of geriatric assessment* (3rd ed.) by Gallo, J. J., Fulmer, T., Paveza G. J., & Reichel, W. (Eds.)]. *Journal Vol(Iss)*, xx-xx.

Poster Presentations

Forrest, J. (2006, April). Development and implementation of an advanced practice palliative care program across the lifespan into existing nursing programs. Poster presented at 32nd Annual Meeting Dimensions of the NP Kaleidoscope: Education, Practice, Research, and Advocacy: National Organization for Nurse Practitioner Faculty, Orlando, Florida.

Forrest, J. (2002, March). Q Methodology in nursing research. Poster presented at Midwest Nursing Research Society, Chicago, Illinois.

Consultations

Legal Consultations, consulting expert for defense and plaintiffs on issues relating to quality of care in medical malpractice litigation. (February 2004 to present).

Pathways to Excellence in Memory Support Initiative, (Jan. 2018 to present). Three Crowns Park, Evanston, Illinois.

Development of Resident Attendant Program, Friendship Village Senior Options (December 2017 to Sept. 2018). Schaumburg, IL.

Development of Resident Attendant Program, Central Baptist Village (March 2016 to Jan. 2018). Norridge, IL.

Dementia Care Consultation for Fairmont Nursing Home (June 28, 2011). Chicago, IL.

Informal Consultation on Community Health Nursing in China (August 4-6, 2009). Stanley, Hong Kong.

Dementia Care for Hospice Providers and Adult Day Services Module prepared for Easter Seals (March 2009).

End-of-Life & Palliative Care Educational Consultant (May 2007). Horizon Hospice & Palliative Care, Chicago, Illinois.

Powell, K. & Forrest, J. (2006). Developed an Integrated Academic-Service Partnership Model for Palliative Care between the Jesse Brown VA Medical Center (JBVAMC) in Chicago, Illinois and the University of Illinois at Chicago College of Nursing.

Pain in Nursing Homes (January 2005). National Alzheimer's Association Task Force.

Palliative Care Consultant to China Nursing Leadership Initiative for HIV/AIDS Care and Prevention (October 2004; July 2006). Maryknoll China Service Project in collaboration with the World Health Organization.

Fall and Pain Protocols Developed for Nation Wide Adult Day Care Centers (February 2002 - 2003). Easter Seals National Headquarters, Chicago, Illinois.

Protocol Development (October 2001 - February 2002). Alzheimer's Family Care Center, Chicago, Illinois.

Education Initiative (October 2001). Ambassador Nursing and Rehabilitation Center, Chicago, Illinois.

Manuscript Reviewer

Journal of Hospice and Palliative Care Nursing (2016 to present)

Presentations

Forrest, J. (2021, April 14 & 15). Resident Attendant Training Program. Balmoral Care Center/Lake Forest Place, Lake Forest, Illinois.

Forrest, J. (2021, Feb. 17). *Empathy, an essential yet elusive skill in dementia care* [Conference session]. AGE-u-cate Training Institute, Virtual Road Trip.

Forrest, J. (2020, Aug. 25). *Addressing driving concerns with Belmont Village Senior Living* [Conference session]. Virtual Event, Chicago, Illinois.

Forrest, J. (2019, Sept. 26). *Care considerations for the LGBTQ resident with and without dementia* [Conference session]. Maple Glen Memory Care, Glen Ellyn, Illinois.

Forrest, J. (2018, Aug. 14). *Three Crown's Park panel: Building a community of competence and compassion by volunteering in memory care* [Conference session]. Pioneer Network Conference, Denver, Colorado.

Forrest, J. (2018, July 11). *Care concerns of the LGBTQ older adult* [Conference session]. Lexington Health Edward's Hospital. Naperville, Illinois.

Forrest, J. (2018, June 27 & 28). *Dementia education two day symposium* [Conference session]. Snyder Village, Metamora, Illinois.

Forrest, J. (2018, June 3). *Depression, dementia & delirium. Older adult mental health: opportunities and challenges* [Conference session]. Naomi Ruth Cohen Institute for Mental Health Education, Evanston, Illinois.

Forrest, J. (2018, May 30). *Healthy brain/healthy body* [Conference session]. National Senior Health Day, Catholic Charities. Arlington Heights, Illinois.

Forrest, J. (2018, May 18). *Dying matters* [Conference session]. Renewal Care Partners, Evanston, Illinois.

Forrest, J. (2018, April 19). *Central Baptist Village Panel: Welcome to the Silver Spoon Club!* [Conference session]. Leading Age Conference, Schaumburg, Illinois.

J. Forrest (2017, Aug. 1). *The ripple effect of dementia and pain: What the leadership team needs to know* [Conference session]. Pioneer Network, Pioneering a New Culture of Aging Conference. Rosemont, Illinois.

Forrest, J. (2017, March 21). *How to address dementia related communication and behavioral challenges* [Conference session]. Friedman Place, A Community for the Blind and Visually Impaired. Chicago, Illinois.

Forrest, J. (2016, Dec. 5). *Feeding only, resident attendant training program*. Approved by the Illinois Department of Public Health [Conference session]. Developed for Central Baptist Village, Norridge, Illinois.

Forrest, J. (2016, Sept. 26, 28; Nov. 7, 9, 16, 17). *Dementia workshop series, services for adults staying in their homes (SASI)* [Conference session]. Evanston, Illinois.

Forrest, J. (2016, Oct. 6). *Late stage dementia care* [Conference session]. Alzheimer's Disease Leadership Conference. Leading Age Illinois and Rush Alzheimer's Disease Center, Naperville, Illinois.

Forrest, J. (2015, Nov. 4 & 5). *Creating comfort and meaningful moments at end-of-life* [Keynote Speaker]. Alzheimer's Association, Greater Wisconsin Chapter, Rhinelander and Green Bay Fall Education Conference.

Forrest, J. (2015, Sept. 29 & 30). *How to help people with dementia – Guidance for staff providing customer service* [Conference session]. Evanston Civic Center, Evanston, Illinois.

Forrest, J. (2015, Sept. 14-18). *Essentials of dementia care* [Conference session]. Cypress Garden Staff Training, Hangzhou China.

Forrest, J. (2015, Sept. 7-11). *Essentials in geriatric care* [Conference session]. Cypress Garden Staff Training, Hangzhou, China.

Forrest, J. (2015, May 7). *Understanding palliative care and hospice through the experience of late stage Alzheimer's disease* [Conference session]. Rush University Medical Center, Chicago, Illinois.

Forrest, J. (2015, April 30). *When patients with dementia deny pain: How should you respond?* [Conference session]. Leading Age Annual 2015 Conference, Rosemont, Illinois.

Forrest, J. (2015, April 30). *Sharpening your pain assessment and management skills* [Conference session]. Leading Age Annual 2015 Conference, Rosemont, Illinois.

Forrest, J. (2015, Jan. 28). *Dying matters in long term care* [Conference session]. Illinois Council on Long Term Care Conference, Skokie and Oak Lawn, Illinois.

Forrest, J. & Flowers, N. (2014, Oct. 14). *Empowerment through POLST* [Conference session]. Planetree International Conference on Patient Centered Care, Chicago, Illinois.

Forrest, J., Kuhn, D., Frazier, A. Novak, M., Zimmerman, D., Castro, J., & De Leon, R. (2013, May 2). *Implementing comfort care in advanced dementia through team collaboration* [Conference session]. Life Services Network 2013 Annual Meeting and Exhibition. Chicago, Illinois.

Forrest, J. Frazier, A., & Kuhn, D. (2013, March 14). *Leading comfort care for advanced dementia* [Conference session]. American Society on Aging 2013 Conference. Chicago, Illinois.

Forrest, J. (2013, Feb. 27 & 28). *Best practices in end-of-life care* [Conference session]. Illinois Council on Long Term Care. Oak Lawn & Skokie, Illinois.

Forrest, J. (2012, Sept. 9). *Promoting collaboration among nursing homes, hospice and family caregivers* [Conference session]. Australia and New Zealand Society of Palliative Medicine. Queenstown, New Zealand.

Forrest, J. (2012, May 22). *Preparing Chinese nurses for long term care* [Conference session]. First Aging and Social Security International Conference. Hangzhou, China.

Forrest, J. (2011, Nov. 7). *Palliative care in the late and final stages of dementia* [Conference session]. Rush University Grand Rounds, Chicago, Illinois.

Forrest, J. (2011, June 27). *Palliative care strategies for persons with dementia* [Conference session]. Hospice of Illinois. Chicago, Illinois.

Forrest, J. (2011, April 6). *Palliative care for individuals with advanced dementia* [Conference session]. Multi-Disciplinary Certificate Program in Dementia Assessment, Care and Management. Continuing Education Institute of Illinois. Tinley Park, Illinois.

Forrest, J., Rothas, S., & Morris, C. (2011, March 24). *Nursing assessment and documentation skills in dementia care* [Conference session]. Life Services Network, 2011 Annual Meeting, Chicago, Illinois.

Forrest, J. (2011, Feb. 17). *Dementia and palliative care* [Conference session]. Hospice and Palliative Care of Northeastern Illinois, Barrington, Illinois.

Forrest, J. (2010, Nov. 10). *Pain management; end-of-life and ethical issues* [Conference session]. Advocate Health Care Dementia Symposium. Oak Brook, Illinois.

- Forrest, J. (2010, Oct. 21). *Palliative care for advanced dementia* [Conference session]. World Alzheimer's Day: Advances in Science and Care. Elk Grove Village, Illinois.
- Forrest, J., Rothas, S., Morris, C. (2010, Oct. 7). *Nursing assessment and documentation skills in dementia care* [Conference session]. Alzheimer's Association, Greater Illinois Chapter. Chicago, Illinois.
- Forrest, J. (2010, April 4-6). *Creating successful community based palliative care programs from a U.S. perspective* [Conference session]. Wuhan International Conference 2010: "Community Engagement: Paving the Way to Optimal Health. Sponsored by Hong Kong Polytechnic University, Wuhan Bureau of Health, Wuhan University. Wuhan, China.
- Forrest, J. (2010, Jan. 11). *Palliative care for Alzheimer's patients* [Conference session]. Grand Rounds at Midwest Palliative & Hospice Care Center. Glenview, Illinois.
- Forrest, J. (2009). *Planning for the future* [Conference session]. Early Stage Support Group, Northwestern Memorial Hospital, Chicago, Illinois.
- Forrest, J., Kuhn, D., Frazier, A., & Bloom, P. (2009, Nov. 9). *Palliative care for advanced Dementia: A grant funded project* [Conference session]. 2nd Annual Illinois Hospice and Palliative Care Symposium: Alzheimer's Association – Greater Illinois Chapter, Chicago, Illinois.
- Forrest, J. (2009, Aug. 14). *Pain management for persons with developmental disabilities* [Conference session]. Lambs Farm, Libertyville, Illinois.
- Forrest, J., (2009, Aug. 6). *Essentials of palliative care* [Conference session]. For Informal Consultation in China, Stanley, Hong Kong.
- Forrest, J., (2009, June 2). *Late stage issues and care: Director's course* [Conference session]. Rush University and Life Services Network: La Grange Park, Illinois.
- Forrest, J., (2009, March 5). *Personhood, states of consciousness, and cognition* [Panel discussion]. University of Illinois Medical Center, Current Issues in Neuro Ethics, Chicago, Illinois.
- Forrest, J., & Kuhn, D. (2009, Feb. 24). *Palliative care for advanced dementia* [Conference session]. Alzheimer's Association, Greater Illinois Chapter, Chicago, Illinois.
- Forrest, J., Pawuk, L., Kelly, K., & Ross, R. (2008, Nov. 13). *Pain management using multiple disciplines and expertise* [Conference session]. Illinois Hospice & Palliative Care, First Annual Interdisciplinary Palliative Care Symposium, Skokie, Illinois.

Forrest, J. (2008, Oct. 8). *Care issues in the late and final stages of dementia*. Presented to long term care staff and administrators. Alzheimer's Association, Greater Illinois Chapter, Chicago, Illinois.

Forrest, J. (2008, May 22). *Care issues in the final stages of dementia*. Presented to nursing home staff and administrators. Alzheimer's Association, Rockford, Illinois.

Forrest, J. (2008, May 17). *Advanced concepts in pain assessment and management*. Presented to hospice nurses. Illinois Hospice and Palliative Care Organization. Joliet Hospice, Joliet Illinois.

Forrest, J. (2008, Feb. 20). Pain workshop presented to clinical staff at Horizon Hospice & Palliative Care, Chicago, Illinois.

Forrest, J. (2007, Nov. 6). *Care issues in the late and final stages of dementia* [Conference session]. Alzheimer's Association, Elk Grove Village, Illinois.

Forrest, J., (2007, Oct. 22-25). *HIV/AIDS palliative care conference for nurses* [Conference session]. Catholic Medical Mission Board and World Health Organization. Chengdu, Sichuan Province, China.

Forrest, J. (2007, Sept. 12 & 26). *Physical exam refresher workshop*. Presented to the nursing staff at Horizon Hospice & Palliative Care, Org., Chicago, Illinois.

Forrest, J. (2007, March 29). *Recognizing and decreasing pain and discomfort in people with dementia* [Conference session]. Life Services Network Annual Convention, Navy Pier, Chicago, Illinois.

Forrest, J. (2007, Feb. 15). *Care issues in the late and final stages of dementia* [Conference session]. Alzheimer's Council – Illinois Council on Long Term Care Alzheimer's Association, Greater Illinois Chapter, Skokie, Illinois.

Forrest, J. (2006, Oct. 30). *Pain and suffering – A palliative care response*. Presented to multidisciplinary audience attending Integritas Institute Seminar, Chicago, Illinois.

Forrest, J. (2006, June 26 – July 7). *Palliative care for patients with HIV/AIDS*. Presented to nurses at the HIV/AIDS training of trainers conference, Urumqi, China.

Forrest, J., & Chavin, M. (2006, March 23). *Enhancing quality of care by recognizing and responding to pain in people with dementia from early-onset to end-of-life* [Conference session]. Presented to Illinois Home Care Council, Annual Conference, St. Charles, Illinois.

Forrest, J. (2006, March 15). *Pain management in cognitively impaired and geriatric patients* [Conference session]. Lewis University College of Nursing and Health Professions, Moraine Valley Community College, and Provena St. Joseph Medical

Center: Committed to Care: Improving Outcomes for Patients in Pain, Romeoville, Illinois.

Forrest, J. (2005, March 24). *Palliative pain management*. Presented to professional staff at the University of Illinois Hospital, Chicago, Illinois.

Forrest, J. (2004, Nov. 4). *Fostering person-centered care at the end of life* [Conference session]. The Lake County Health Department and Community Health Center along with the Alzheimer's Association – Greater Illinois chapter Illinois Long Term Care Ombudsman Program: Cultivating Seeds for Change In Long Term Care at the Marriott's Lincolnshire Resort, Lincolnshire, IL.

Forrest, J. (2004, Oct. 25-29). *Introduction to palliative care*. Presented to nurses at the HIV/AIDS Training of Trainers conference, Xian, China.

Forrest, J. (2004, Oct. 18). *Fostering person-centered care in the elderly at the end of life*. Presented to UIC faculty for Center for Reducing Risks in Vulnerable Populations Gerontological Research Group.

Forrest, J. (2004, July 30). *Managing pain in adults with cognitive impairment at the end of life*. Presented to health professional staff at Jessie Brown Veterans Administration, Chicago, Illinois.

Forrest, J. (2003, Feb. 5). *Care of the dying older adult*. Presented to the graduate students in Gerontology at Northeastern University, Chicago, Illinois.

Forrest, J. (2002, May 10). *What to do when your loved one is in pain* [Conference session]. Aging Well Conference, Mather Institution, Evanston, Illinois.

Forrest, J. (2002, March 28). *Assessing and managing acute and chronic pain in the elderly patient*. 8-hour seminar. Presented to Oakton Community College Alliance for Lifelong Learning, Des Plaines, Illinois.

Forrest, J. (2002, Feb. 7). *Head to toe physical assessment of the adult*. 8-hour seminar presented to Oakton Community College, Des Plaines, Illinois.

Forrest, J. (2001, Dec. 4, 11, 18). *Pain management in the elderly: Three-part series*. Presented to Ambassador Nursing and Rehab Center, Chicago, Illinois.

Forrest, J. (2001, Nov. 16). *Pharmacology and aging*. Presented to 8th annual Multi-Disciplinary Certificate Program in Geriatrics for Non-Physicians, Heartland Community College, Normal Illinois.

Forrest, J. (2001, Oct. 24). *Recognizing potential emergent conditions in the older adult*. Presented to staff at Norridge Health Care & Rehab Center, Norridge, Illinois.

- Forrest, J. (2001, Oct. 5). *Assessment/management of pain for the cognitively impaired older adult*. Presented to staff at Alzheimer's Family Care Center, Chicago, Illinois.
- Forrest, J. (2001, July 17). *Pain management in the ER; moving from oligoanalgesia to JCAHO compliance*. Presented to the Emergency Room Physicians, University of Illinois College of Medicine, Chicago, Illinois.
- Forrest, J. (2001, May 18). *Pain management in the elderly*. Presented to Internal Medicine Residents, University of Illinois College of Medicine at the West Side Veterans Administration Auditorium, Chicago, Illinois.
- Forrest, J. (2001, Feb. 22). *Assessing and managing acute and chronic pain in the elderly patient*. 8-hour seminar. Presented to Oakton Community College Alliance for Lifelong Learning, Des Plaines, Illinois.
- Forrest, J. (2001, Feb. 14). *Pain management and assessment in the elderly*. Presented to the University of Illinois Hospital, Chicago, Illinois.
- Forrest, J. (2000, Nov. 14). *Effective pain management in the elderly*. Presented to the Hospice of Northeastern Illinois, Barrington, Illinois.
- Forrest, J. (2000, Oc. 6). *Using Q-methodology with patients affected by Alzheimer's disease* [Conference session]. International Society for the Scientific Study of Subjectivity Annual Q Conference, Tulsa, Oklahoma.
- Forrest, J. (2000, Jan. 9). *Aging population trends: Preparing for our future*. Presented to the First Congregational Church United Church of Christ, Western Springs, Illinois.
- Forrest, J. (1999, Oct. 2). *Chronic pain as described by cognitively impaired and intact elderly: A Q-methodology study* [Conference session]. International Society for the Scientific Study of Subjectivity Annual Q Conference, University Missouri-Columbia.
- Forrest, J. (1999, March 27). *Reporting Q-study results: Perceptions of rheumatoid pain among elderly Alzheimer's disease patients* [Conference session]. International Academy of Business Disciplines, Chicago, Illinois.
- Kuhn-Bruley, D., & Forrest, J. (1999, March 3). *Pain: The 4th vital sign*. Presented to the University of Illinois Medical Center, Chicago, Illinois.
- Forrest, J. (1998, Sept. 5). *Geriatric assessment and documentation*. Seminar conducted for Allbest Home Health Care, Inc., Oak Park, Illinois.
- Mrtek, R., Forrest, J., & Grant, M. (1997, Dec. 2). Research forum panel discussion. Cook County Hospital Department of Family Practice, Faculty Development Program in Family Medicine, Chicago, Illinois.

Forrest, J. (1991, March 21). *Nutrition/hydration for the terminally ill patient: Life sustaining or death delaying?* Panelist. University of Illinois Hospital, Pediatric Bioethics Committee, Chicago, Illinois.

National Webcast

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