

IGNITE: Sparks for Today's Dementia Care

Care for older people is, more than ever, about care for people living with dementia. Care providers now embrace the need to “do it differently”, moving beyond biomedical to person-centered models. But what does “different” look like in practice?

We believe the solution lies in practical, high-impact approaches that make it possible for people with dementia *and* those who care about them to live well. The “sparks” in this six-hour interactive workshop take you on a journey of self-discovery and skill development, culminating in an operational plan for integration into your organization.

Spark 1. The Dementia Live™ Experience. You will be immersed into life with dementia resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change.



Spark 2. Compassionate Touch®. Discover the power of *skilled* touch to calm, comfort and connect, easing distress that leads to behavioral expression and strengthening care-partner relationships.



Spark 3. Flashback. Discover how everyday items from the past ignite the senses, evoke memories and change relationships. This personalized approach reaches into the past to restore identity, dignity, purpose and joy of living!



Spark 4. Igniting Today's Care. How to shape concepts into sustainable action. With guidance, you will develop an operational plan to assimilate tangible tools into real-life care practices.

Who Should Attend? Dementia Care Stakeholders. If you coordinate or carry out care for people with dementia, this program is for you.

Schedule: 9:00 a.m. – 4:00 p.m. (Includes time for lunch and breaks)

Learner Objectives	Content	Time Frame
1. Articulate the benefits dementia sensitivity awareness as a change-agent.	<p>Welcome and Program overview</p> <p>1. A. The impact of hands-on sensitivity awareness training on empathy and understanding as it relates to the challenges faced by those living with dementia. B. Participation in the dementia simulation experience and debriefing. C. Research and DL case studies that support validity.</p>	<p>9:00- 9:10</p> <p>9:10 – 10:30.</p> <p>10:30- 10:45</p>
2. Identify key factors in DL Experience for effective culture change.	2. A) Core values in building deep culture change. B) Awareness to empowerment- tools for change.	10:45 – 11:30
3. Relate how human touch enables staff and family care-partners to think, feel and act differently towards individuals with dementia.	3. A) Impact on holistic dimensions of well-being. B) Interactive skilled touch awareness exercises C) Influence on care-partners- bringing out their best selves.	<p>11:30 – 12:15</p> <p>12:15- 1:00</p>
4. Explain the clinical impact of skilled touch on behavioral expressions of need.	4. A) Changes in physical, social and emotional behavior. B) Non-pharmacological strategy. C) Examples of program integration.	1:10 – 1:45
5. Explore well-being through connections with symbols of personal identity.	5. A) Discovering the self: Listening and connecting. B) How the “stuff of life” supports personhood. C) Finding memories in everyday items.	<p>1:45 – 2:00</p> <p>2:00- 2:30</p>
6. Recognize a method to create meaningful activity in daily life.	6. A) Practical guide- steps to empower <i>all</i> care-partners to create well-being through shared experience.	2:30- 3:15
7. Develop an integration plan for implementation and sustainability.	7. A) Moving from concept to action B) Family engagement C) Catalysts of change for those who live in, work and visit your organization.	3:15- 3:45
	Q and A; Closing; Certificates.	3:45 – 4:00