

Compassionate Touch® Coach Training for Hospice Care Objectives and Content



Six-hour Workshop
9:00 a.m. – 4:00 p.m. (one hour for lunch)

Overall Objective: To prepare attendees to conduct Compassionate Touch learning activities for staff, family caregivers and community outreach education events in order to empower others with a new tool in caring for people in hospice or palliative care.

| FOLLOWING THE TRAINING, PARTICIPANTS WILL BE ABLE TO: | CONTENT |
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| <p>1. Describe how human touch enables care partners to connect and communicate in new ways with people in end-of-life or palliative care.</p> <p>2. Engage attention and initiate a touch session with those in pre-active or active stages of dying.</p> <p>3. Competently perform, and teach others, skilled touch techniques using the resources and instruction given.</p> <p>4). Identify and explain the clinical impact of Compassionate Touch on pain, anxiety and other symptoms.</p> <p>5) Facilitate a two hour Compassionate Touch workshop for community events, family education or staff training.</p> <p>6. Utilize provided resources to create an implementation plan to use of Compassionate Touch within the scope of provider’s services.</p> <p>7. Identify the role of a Coach and access resources provided by AGE-u-cate.</p> | <p>Welcome and Program Overview</p> <p>1. A) Skilled touch vs other forms of touch used in hospice and palliative care. C) Science of Compassionate Touch D) Flashback interactive awareness activity.</p> <p>2. A) Stages of the dying process. B) Non-verbal communication to make a connection. C) How to initiate the session and get permission to touch. D) Non-verbal positive and negative responses to touch.</p> <p>3. A) Technique instruction and demonstration of how to teach care partners. B) Partner practice. C) Safety precautions. D) Learning circle.</p> <p>4. A) Dimensions of pain and application of skilled touch B) Tracking tool and procedure C) Impact on communication and care-partner relationships D) Influence on care-partner, patient and family satisfaction.</p> <p>5. A) Orientation to facilitator outline and guide: breakdown of the method of a two hour workshop and the materials to carry it out.</p> <p>6. A) Examples of integration for care partners in a variety of settings. B) Set-up and organization for education events. C) Support materials including flyers and handouts, forms, set up guidelines. D) Engaging staff, family caregivers</p> <p>7. A) Role and responsibility as a Coach. B) What to expect from AGE-u-cate for support C) How to access resources. D) Licensing and trademark policies.</p> <p style="text-align: right;">Closing; certificates, course evaluation.</p> |