

**Compassionate Touch® Caregiver Workshop for Hospice Care
Objectives and Content**



Three-hour Workshop
9:00 a.m. – 12:00 p.m.

Overall Objective: At the completion of this workshop, attendees will be able to apply Compassionate Touch as a new tool in caring for people in hospice or palliative care.

FOLLOWING THE TRAINING, PARTICIPANTS WILL BE ABLE TO:	CONTENT
<p>1. Describe how human touch enables care partners to connect and communicate in new ways with people in end-of-life or palliative care.</p> <p>2. Engage attention and initiate a touch session with those in pre-active or active stages of dying.</p> <p>3. Competently perform, and teach others, skilled touch techniques using the resources and instruction given.</p>	<p>Welcome and Program Overview</p> <p>1. A) Understanding care-receivers through a different lens. B) Skilled touch vs other forms of touch used in hospice and palliative care. C) Science of Compassionate Touch D) Flashback interactive awareness activity.</p> <p>2. A) Stages of the dying process. B) Non-verbal communication to make a connection. C) How to initiate the session and get permission to touch. D) Non-verbal positive and negative responses to touch.</p> <p>3. A) Technique instruction and demonstration of how to teach care partners. B) Partner practice. C) Safety precautions. D) Learning circle.</p> <p align="right">Closing; certificates, course evaluation.</p>